

# Well! Well! Well!

## 13<sup>th</sup> Annual Employee and Retiree Health Fair

### Schedule of Seminars

Lee Center  
1108 Jefferson Street

Friday, May 23, 2008



Times	Seminar Title	Location
9:00-9:45	Safe, Fun in the Sun by UnitedHealth Care	Conference Room 1
10:00-10:45	Communicable Diseases by INOVA HealthSource	Auditorium
11:00-1:00	Education for Successful Aging by Dahn Yoga Guest Speaker	Auditorium
12:00-12:45	Pre-retirement Planning by Social Security Administration	Conference Room 1
1:00-:2:00	"Let's Talk about Sex:" A Parent Workshop by Planned Parenthood of Metropolitan Washington DC	Conference Room 1